

The Power of Perseverance



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INTRODUCTION

In life, we all face things we enjoy, things we just put up with and the things we loathe. Focusing on things we enjoy does not usually present most of us with any problem, although we can still get distracted by events we would rather avoid. Focusing on things we just put up with just sort of happens as part of getting through each day and generally, we only put in the minimum effort we can get away with, to keep the daily routine going. Then there are the things we loathe and we all can find it very difficult to focus on those, and we look for ways to avoid them wherever possible.

However, there is another way to look at this. Focusing on things we enjoy will always be easy for us, but we should be aware that we need to strive to make our lives '**better**', not necessarily '**easier**.' To do this will involve focusing on doing things we just put up with better, and on doing more of the things we loathe, on the premise that by focusing on and completing those things will be beneficial and improve our lives in the longer term. The key to doing this is in the power of persistence.

Now persistence has nothing to do with being stronger, harder, better educated or having more wealth than someone else, it is simply having the will and the ability to remain focused on a task and to keep at it until the desired result is achieved.

You need to remain mindful that:

"If something is important to you, you will find a way to do it and if it isn't, then you will find an excuse to avoid it."

We can all see how water flowing, over a long period of time, can carve rock away which is much stronger and harder than the water. This is persistence in nature:

"A river cuts through rock, not because of its power, but because of its persistence."

How to use Perseverance while working daily

It is not always easy to work hard every day and have a full-time job away from your home and family. However, there are ways for you to make your working daily not seem so bad so that you can persevere and have a good life no matter what. You need to focus on the positive things that working gives you and not worry so much about the bad.

When you are someone that has a family it may be hard to leave every day and go to work. This is something that you have to do however in order to make your life better. You will need to make sure that you are doing all that you can to work and still leave room for yourself as well as your friends and family too. There are things that you can do to ensure that you are keeping all of the things that are most important to you first in your life as well as working all the time.

You should think about what you are working for. This may be the motivation that you need to persevere and move forward with your career. No matter what type of job you are doing you will probably have a reason for working at it. You may have a family to support or you may have to support yourself. This is a very good reason to have to go to work daily so that you can have the life that you are looking for.

Many people have to go to work daily so that they can afford to put themselves through college. This is a very good reason to work. You will have to somehow afford to pay for the classes and the books that are associated with going to college. This can be a very expensive reason to work. However, when you graduate and you see the payoff you will know that it will be all worth it. Many times people have to put themselves through college with no financial help from anyone else.

Getting a job and persevering through going to work every day is not always easy. It is sometimes very hard to do without being depressed or irritated. However getting a job is something that can make you feel appreciated and worthy. You may find that getting a job is a great way to persevere through your own self-esteem issues. You may find that this will help you build confidence in yourself. You will be a happier and more sufficient person when you are able to have a daily job that makes you feel good about who you are.

Many times people get a daily job so that they can have spending money. Having money to buy the things in life that you want is a great feeling. This is something that can make you feel good about who you are and a sense of accomplishment. You will feel better knowing that you did all that you can to make your dreams of having something come true. This will help keep you motivated to keep on track with your daily job and to make it work out for you.

If you are thinking of getting a job and need to figure out what is going to help you persevere with it and make the most of your career in whatever it is that you choose to do, you should think of the things that are important to you. Think about the family and the dreams that you have. Once you know what you want in life the only way to get it is to work hard and have the money to do it all with.

How to have Perseverance to get through school

Getting through school is something that we all have to try and do. However, at some points in our life, it may be hard to focus on the things that are important like school and getting good grades. There are so many things that may seem to be more important than school at the moment. However with the right attitude and some help you can make it through school at any age and do well.

It can be hard to concentrate on the things that you have to when you are in school. You will have to use the willpower that you have to make it through and to succeed. The main goal that you should have when trying to persevere through school is to do the very best that you can. Getting good grades is a good way to ensure that you have a secure future ahead of you doing whatever it is that you want to do.

Making sure that you are thinking positive is important. You have to do what you can to keep that attitude rolling. You will want to make sure that you are doing all that you can so that you are not in danger of making it through the whole way and accomplishing your dreams of persevering through school. This is a great accomplishment that you should be proud of no matter if it is high school, college or a summer course.

You will want to study as much as you can. Think of the things that are important to you and your education. You will want to make sure that you are thinking ahead and doing your best to get the grades that you can. Making sure that you are doing assignments and keeping up with the other students is very important to how well you do in school.

Make the most of your education. Getting an education is something that you should be proud of. Not everyone is able to go to school and do the things that they want to in life. It is important to make sure that you are getting the education that you need so that you can become a great success with the things that you want the most in life. You will find that school is not just a place to meet new people and socialize it is a way for you to broaden your future and have a great career doing what you want.

Use your resources to gain what you can in school. Having what you need to make it through school is not always easy. If you want something bad enough, you will find a way to have it. You will get through the bad and find ways to make good things happen for you. This is called perseverance and it is going to be the greatest gift that you have for your own well-being.

The main thing that you should do when you are trying to persevere through school is to keep your head up and your goals set. You are the only one that can make your dreams come true. It is necessary for you to make the right choices for yourself and get through school with no regrets. Making a life for yourself is going to be one of the greatest accomplishments that you can have in the world.

How to have Perseverance to build a house

Having the dream of owning your dream house is very big. There are many people that only wish that they could make their dreams of having a big and beautiful home come true. If you are one of these people, you can persevere and make it happen for you in a way that you could never imagine.

Living in a grand home that you have always dreamed about is a goal that you should not be afraid to have. You can make your dreams come true when you decide to make it work for your life. There are things that you need to do in order to have this happen for you and in the end after all the hard work and effort, you will see the best payoff ever, a brand new home!

The first thing that you need to do in order to build your own home is to figure out a way to make the financial part work for you. You are going to have to find ways to save money and you may even have to struggle for a bit, but in the end, you will see that you can persevere and make the dreams of owning your own brand new home happen for you and your family. This is a goal that will keep you motivated to make hard choices and be very well disciplined with your spending habits.

Think about the type of home that you want to build. There are different types out there and you will have to choose the one that is going to best fit your needs. Think about what you want to have and how you can get it. You should sit down and look at all the different options and use the ones that match your budget the best. Having a great home is something that you should work at as long as it is within your budgeting budget.

There are ways that you can cut costs for building your own home. This is going to be a great example of perseverance. Having areas where you can cut back on some of the expenses is very important. You need to use your best judgment and make the choices that are going to have a positive effect on you and your goals of building your own home. You are the one that has to have this responsibility for the rest of your life so you need to think about what you can do and what is just not going to work for your budget.

It is going to be hard at some points when you are building a new home. You are going to have to have some struggles but you will feel great about what you went through once you have the big payoff of a new home waiting for you. This is a great feeling and one that will deserve some great celebrating. To have the structure in life that you need to make your goals of becoming a new homeowner is a life-changing event.

You will also want to set steps in which you have to take in persevering in building your home. You have to think about all the things that need to be done and you need to make them happen. You are the only one that can make others see how important this is for you. You need to express your thoughts and your emotions a little more to people so that you are able to show them what you are talking about. This is the best way to make yourself known and to get exactly what you are looking for in building a new home.

How to use Perseverance and dieting

Being on a diet is rough. Almost everyone at some point in his or her life has been on a diet. It can be frustrating because you know that this is something that you want very much but it is just so hard to make happen. For anyone that wants to lose some weight and goes on a diet, they have to be willing to persevere and do what ever is necessary to become more healthy and happier in their lifestyle.

It is first important to have a goal for your diet. You will need to think about what you need to do to make your body look and feel better. You can think of the different ways that you can help to create the body that you are dreaming about having. Think about how much weight you believe you have to lose. Once you have this number and a goal set in place for yourself, you can then start to think about how you are going to make this goal happen.

You will need to figure out a good diet and exercise plan. This may mean that you need to work hard at discipline and using your willpower to keep your routine in place. You might have to think of ways to keep the weight off and to get more physical with your body. This may include a workout at the gym so many times a week, a run in the morning or a simple walk in the evening. You should make your routine work for your body. Do not overdo it and know your limits when it comes to pushing your body. You should think of the different ways that you can get into shape and do what you can to make it work for you.

Eating right is one of the most important things that you can do in order to succeed at a diet. You should cut back on the foods that you know are not good for you and figure out what you can eat to be healthier. You might want to get a nutritionist to help you with this. Figure out healthy foods that are going to give you plenty of exergy and make you feel good about your body and your goals of losing weight. You will see that you can persevere with this type of attitude.

Keep a positive attitude about your diet. Do not give up and certainly do not give in. There will be temptations and times when you find it hard to keep on your diet. However you need to remember why you are on the diet to begin with. Are you trying to fit into a pair of pants or are you trying to make your body stronger and healthier? These are a few things that you might have to think about when you find it hard to persevere with your diet.

When you are doing your best at keeping up with your goals of losing weight and feeling better in life you will see that you can be happier and much healthier. You do not have to be discouraged if you do have a setback. You should use this as willpower to keep moving on and keep your motivation up. With this you will persevere and lose the weight that you know you can make happen for your body. You will see that you can have a happy ending to a struggle with any diet as long as you have a plan ahead of time.

How to use Perseverance while traveling

Traveling can be very stressful. You have to make sure that you are doing what you can so that you are minimizing your stress and making your travel plans more interesting and comfortable for you. There are ways to persevere when you are traveling and all that you need to do is make sure that you are prepared and ready for the trip first before you start out.

When you are traveling you need to make sure that you are taking along everything that you need. You should prepare and make sure that you are bringing along the things that you need to make it better for you. There are things that you can bring along as far as food and other entertainment things to keep the trip that you are taking interesting.

You need to first make sure that you get plenty of rest. If you are not well-rested, you will not have a good trip and you may even find that you are cranky and irritated easily. You need to have a good nights rest so that you can take on the traveling plans feeling confident and comfortable with yourself. There is no need to start off your traveling when you are tired and not together.

You should also eat a good breakfast or dinner before you start to travel. This will keep you energetic and motivated for a good trip. It makes no difference if you are flying, driving, or on a boat, you will want to make sure that you are fully awake and ready to make this trip as good as you can. There are so many things that you will want to have with you so that you are ready and able to persevere on your trip.

You might want to have a plan. You will want to make sure that you are listing the things that you want to do so that you can keep your schedule when you are traveling. This will help it go a little smoother and you will feel like you are accomplishing more when you are traveling. There are certain things that you can do to make sure that you do not forget anything on your list. Once you have written down everything that you want to do or see, you need to mark them off when you are done. This will let you know that you have accomplished all of your goals when traveling and you will have a more successful trip.

Make sure that you are keeping touch with the people back home. When you are traveling you should either take along a cell phone or have a calling card or plenty of change to make sure that you can use a payphone to check in on the family and friends that you have at home. You will need to do this so that you are not lonely and feeling depressed when you are traveling.

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